

AI-Powered Content Calendar

Plan 4 weeks of consistent content ideas for your audience.

The Problem: Content Consistency Fatigue

Many small business owners struggle to keep their social media and marketing content consistent. Inspiration fades, planning takes too long, and engagement drops when posts become sporadic.

The Solution: AI as Your Creative Partner

Use ChatGPT to co-create a four-week content calendar that keeps your brand visible and your messaging fresh. By prompting it strategically, you'll generate ideas that reflect your tone, goals, and audience.

5 Simple Steps to Build Your Calendar

Step 1: Define Your Audience & Goal

PROMPT:

"My small business serves [describe your target audience]. I want to post consistently for the next month to [goal—build trust, increase visibility, drive sales, etc.]. Suggest 4 weekly themes that align with this."

EXAMPLE:

"My small business helps solopreneurs save time with automation. My goal is to attract potential clients and share useful tips. Suggest 4 weekly themes for my content calendar."

Step 2: Generate Post Ideas

PROMPT:

"Based on these 4 weekly themes, suggest 3 post ideas per week that include how-to's, stories, and engagement posts."

PPRO TIP: Ask ChatGPT to label each post type (Educational, Personal, or Conversational) to keep your mix balanced.



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Making AI Accessible, Understandable and Useful

Step 3: Write Captions with Personality

PROMPT

"For Week 1, write short, conversational captions for each post idea that feel natural for my audience."

EXAMPLE:

If your theme is "Time-Saving Tools," ChatGPT might create:

- "You don't need more hours—just smarter workflows."
 - "Here's how I cut my email time in half this week."
 - "What's one thing you wish you could automate?"
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Step 4: Add Visual & Scheduling Prompts

PROMPT:

"Suggest a simple image or video idea for each post and organize all 12 post ideas into a 4-week schedule."

EXAMPLE

- Behind-the-scenes photo
 - Screenshot of a tool
 - Short 30-second tip video
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Step 5: Review & Stay Consistent

PROMPT:

"Review this 4-week plan to make sure it includes a balance of educational, story-based, and engaging posts. Suggest one improvement per week."

Then set up reminders in your calendar or use an app like Later, Metricool, or Canva Scheduler to stay consistent.

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An informal chat about how AI fits into real life.

Whether you're running a business, volunteering, learning something new, or simply curious, bring your ideas, experiences, and questions.



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AI Coffee + Carol